



January 2018

Issue 50

This Issue

- Welcome back
- XTND Youth Leaders wanted
- Easter Treat donations
- General Reminders
- Membership Information
- Term Fees
- Thanks Pelorus
- XTND's Graduate
- Club AGM
- Photo Competition

Welcome to Gymnastica Term One

We hope you enjoyed the holiday season and got to enjoy some of the fine weather in between the rain. Our volunteer coaches have been busy, firstly attending a First Aid course at the end of last year and now planning for Term one. I would like to extend a big thank you to them for continuing to support the club and club members.

A few of our gymnasts attended the Sea Side Markets and Tupare Garden Fair with displays and performances. What busy day's these were, with lots of families enjoying the sunshine and our activities on equipment. Thanks to everyone who came along and supported the events.

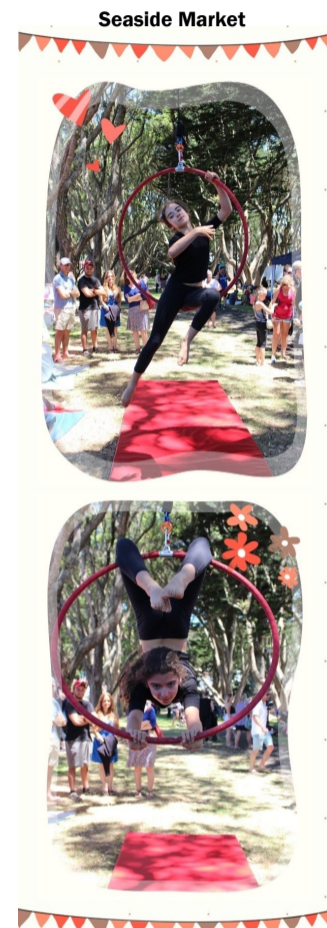
This term our classes will be starting out on a great note with majority fully booked and waiting lists for a number of classes!

A reminder we are a voluntary based club, so as a member of the club we appreciate your support however you can provide it, in classes we are happy to accept parental help at a simple station or for those wanting to push themselves further we offer full training to become a coach or a judge. Alternatively do you have a set of skills we could use, plumbers, builders or contacts that could be useful to assist in fundraising?

We welcome any support that will assist the club to benefit our members.



Tupare Garden Fair



Seaside Market

Easter Raffle

We are busy planning ahead and Easter is at the end of Term one.

We ask that all families bring a donated Easter treat to place in the baskets available at both facilities. Last year we were so successful we started with six baskets and ended up with 16. As a club we don't ask for a lot of fundraising from families so please support this venture.

Tickets will go on sale March.



Alanah & Troy



Sarah & Dania

XTND Youth Leader Programme

Are you Year 9-11 at school and want to be part of a great leadership programme.

We are seeking teenagers who would like to work with us on a two year programme covering eight courses that will nurture leadership abilities to develop successful coaches.

You must commit to assisting in a minimum of one class a week as part of the XTND training and will be supported

by an adult coach throughout your training.

Applications on request.

We are fortunate to have had a number of XTND Youth leaders who have completed their XTND training and who have continued to support the club as a fully qualified Gymnastics New Zealand, Foundation coaches.





Bring a named water bottle to class each week.



“In an emergency this is the information we will use to contact family”

General Reminders

With the start of the year we would like to remind families of general health and safety reminders

Arrive Early - please ensure you arrive 5 minutes early. This allows your gymnast to enter the class with the other gymnasts and hear the class instructions and what they will be doing today. By arriving late your gymnast misses out on this essential information and may be reluctant to join in.

Warm up – We insist on every gymnast completing the warm up, basics shapes and stretches before entering the large equipment circuits. This reduces injury and ensures the gymnast is prepared for the circuits.

Leaving Classes – Parents or guardians, you must come into the club to collect your gymnast, regardless of the weather. Please ensure you allow plenty of time to find a car park and arrive on time if not a bit early, your gymnast would love to show you some skills.

Clothing – please check that the clothing is not loose and baggy that may fall around their head while upside down, ensure no zips, buttons or any hard plastic or metal embellishments are on the clothing. What is suitable for school is not always suitable for gym classes. Please do not be offended if we ask your child off equipment due to unsuitable clothing.

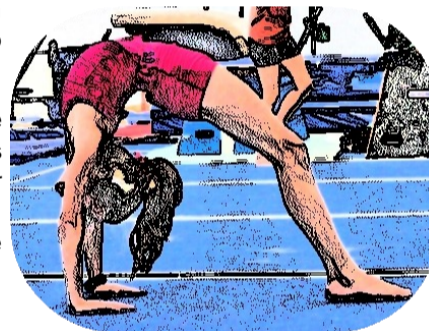
Jewellery – please ensure all jewellery is removed before class, including any hair ties around wrists that have metal on them. Stud earrings are fine but sleepers can be accidentally pulled out by the coach assisting your gymnast. If they can't be removed please ensure you tape them up before coming to gym.

Hair – please ensure you tie your gymnast's hair away from their face *prior* to class. Hard plastic head bands are not suitable for gym.

Drink bottles – please bring a named water bottle, the gym is hot and we need to keep the gymnasts hydrated.

Parking & Speed limits – At our NPGHS facility please respect the schools 5km speed limit at all times. When entering and exiting via Northgate, please ensure you give way to pedestrians and cyclists.

At our Strandon facility, there is limited parking at the end of the driveway. During work hours please respect our neighbours car parks are for their clients. Please exercise extreme care particularly when classes are starting or finishing.



Membership Information

Our online registration and club portal has been a huge benefit to the club; however we are aware our families are not making the most of it.

Contact and Personal Details - You can change your gymnasts contact information, update schools, addresses, phone numbers. In an emergency this is the information we will be using to contact the family, so please take the time to check and update as required.

Awards/Skills/Qualifications – By clicking on this tab you can see what awards have been issued to your gymnast.

Fees – you can see any amounts due and history of payment

Events/Classes – this tab allows you to see all upcoming classes your gymnast as well as any other events that the club may be offering

How to Access—Just head to our web site and www.gymnastica.co.nz and log on.

Member Login Area

	Email address	Sign in
	Password	



If you have forgotten your password simply click on the forgotten password button.

Term Fees

We are a voluntary organisation and rely heavily on the term fees to pay for the clubs running expenses.

Existing members are given priority access for booking in the upcoming term; however please ensure you make payment by the due date. If this is not possible or you

would like to discuss a payment plan please contact the office immediately.

We do give plenty of notice and send reminders. We have had a few families that are disappointed after not paying on time and their gymnast's placement in a class was offered to another family from

our waiting list.

Please ensure you are using your invoice number as a reference when making payments. We struggle to find payments coming in with only the parents name as a reference as often surnames are not the same as our registered gymnasts.



"Please ensure you make payment by the due date"

Thanks Pelorus Trust

At the end of last year eleven XTND Youth Leaders completed their First Aid course. Joining them were five adult coaches who were refreshing theirs. Well done all.

Our coaches do a number of workshops and courses each year and the club covers the costs in return for their volunteering to help run our classes.

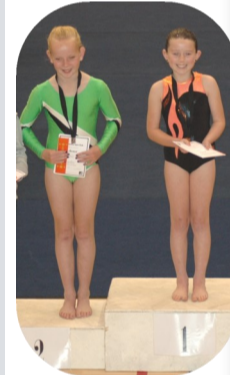


Thanks to Pelorus Trust for their contribution towards the costs for putting our volunteer's through the First Aid course.

We hope NOT to see them needing to use these skills in the gym club but it is good to know that we have a number of trained and qualified first aiders if needed.

XTND's Graduate with Honours

Three of our XTND's have completed their third year of our XTND Youth Leadership program and have now graduated with honors. Congratulations ladies, it is a credit to yourselves to have been able to complete this program and offer your services as a volunteer coach. These girls are now qualified Foundation Coaches with Gymnastics New Zealand.



Both girls back in 2011
They've come a long way

Club AGM

This term we will be holding our club Annual General Meeting (more details to come)

Gymnastica Gym Club is a community club that requires the support of our families to ensure we continue to offer gym sports within

New Plymouth. We require a quorum of members at the Annual General Meeting to hold the meeting as well as looking for some new committee members.

This year we are in need of a Club Treasurer. Ideally this person has some basic

knowledge of accounting and Xero accounting package, be able to pay bills and expenses, monitor expenditure against budgets, produce monthly reporting to the committee and assist in preparing annual accounts. You would need to work with our club manager and administrator who take care of the day to day financial activities.

If you think you could assist, please contact Shaun Le Bas 027 462 2213



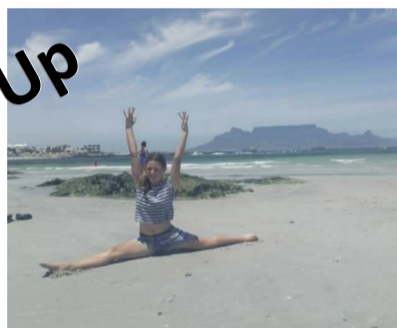
ANNUAL GENERAL MEETING

"Please show your support for your child's club"

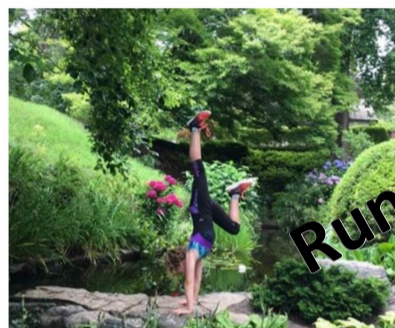
Winning Photo!



Runner Up



Runner Up



INSTAGRAM PHOTO CONTEST

Well done to all these that entered our Instagram #flipintosummer competition and congratulates to our three winners. It looks like you all had fun over the summer and were putting your gymnastics skills into practice.

Overall winner - Mckenna Bray
Runner ups - Kelsy Smith & Addison Pryce

